

# Year 10 Welcome Evening



**Engage...Explore...Excel...**

*Questions will be answered in person at the end*

# Year 10 Pastoral Support Team 2024/25

- Head of Upper School - Mr J. Ross
- Deputy Head of Upper School - Miss K.Borg

Designated Safeguarding Lead: Mrs K. Hurst

Safeguarding Manager: Mrs A. O'Sullivan

AEN Manager: Mrs A. Godden

10A: Mrs J. Poole

10B: Mr A. Lawrence

10C: Miss H. Parfitt

10D: Mrs K. Barrett

10E: Mrs R. Theisen

10F: Mr D. Mitchell

# School Uniform & Mobile Phone Policy

- No jewellery other than one small stud earring per ear lobe. No rings, bracelets, necklaces, other piercings (inc nose) are permitted to be worn
- Skirts are not to be too short
- No hair dye except natural colouring
- No sport type school shoes – must be smart, black, leather type school shoes - no canvas shoes
- Skirts must not be rolled up and must be of adequate length
- Makeup must be of natural appearance

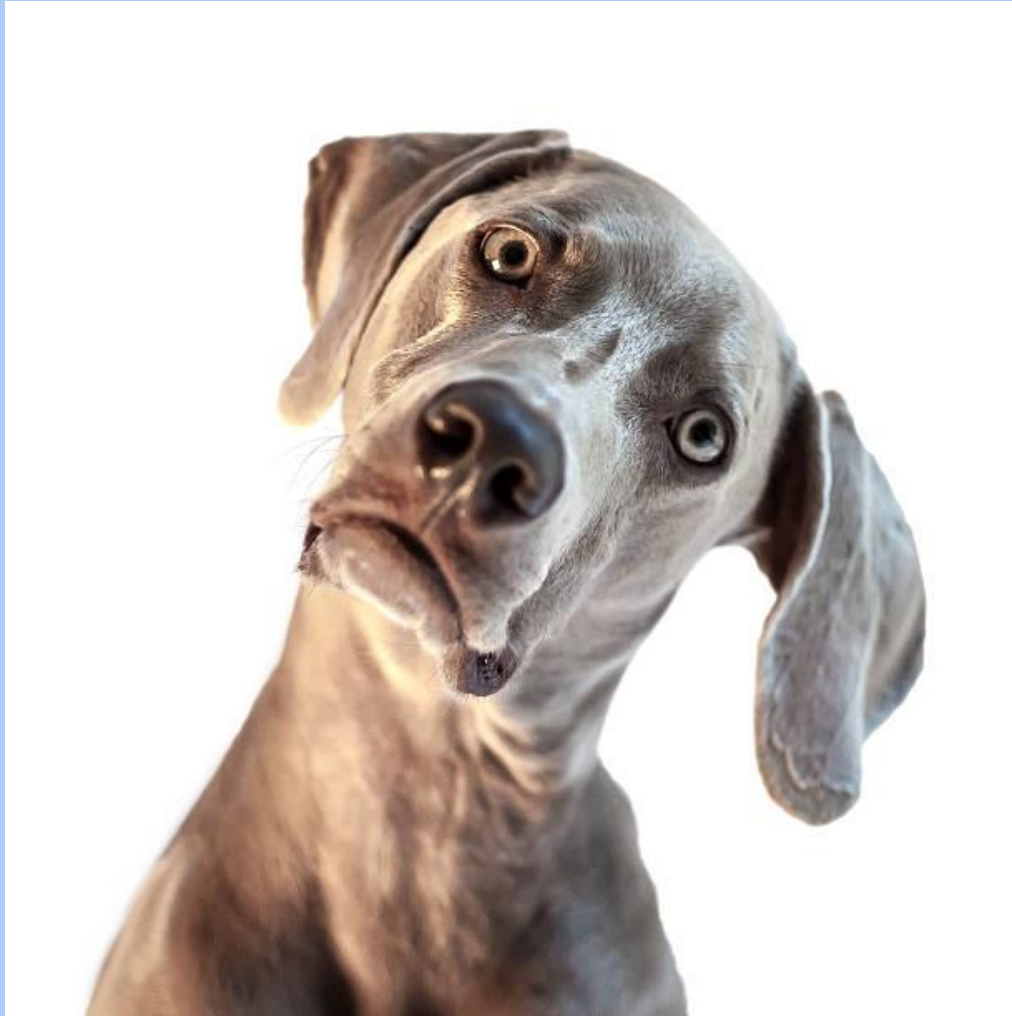
# ***Please refer to the uniform policy in the student planner***

- Mobile Phones/Devices (including ear buds/ear phones) are now not permitted inside school buildings unless expressly given permission by the class teacher. This includes corridors and moving between lessons. Smart watches are permitted but teachers will be monitoring for correct usage in lessons.
- Students are not permitted to drink any hot drinks/fizzy drinks in classrooms other than water. These will be confiscated. No takeaway food or drinks to be brought into school.
- Time keeping – students are expected to be on time for morning registration and afternoon registration. Students must be physically in front of their form tutors for them to be marked as present.

# Year 10 PSHCE

**Mrs Hall**

**Head of PSHCE and E<sup>3</sup> Programme Coordinator**



**Engage...**

**Explore...**

**Excel...**

**Personal**  
**Social**  
**Health**  
**Citizenship**  
**Economic**



# PSHCE Structure Y10

- 1 hour lesson **once a fortnight**
- PSHCE Team
- **RSE Morning**
- Form Time Sessions/PSHCE Assemblies

# PSHCE Curriculum

- Spiral from Years 7 - 13
- Knowledge, Skills and Attributes
- Effort/Concern Grades

# PSHCE Modules

Health and Wellbeing

Relationships and Sex Education

Living in the Wider World

# Health and Wellbeing

- Mental Health and Emotional Wellbeing
- Drugs and Alcohol Programme

# Living in the Wider World

- Financial Decision Making
- Working towards the world of work



# Relationships and Sex Education

- Healthy Relationships
- Addressing Extremism and Radicalisation - Diversity/Discrimination

# RSE Statutory Status

The **Health Education and Relationships and Sex Education (RSE)** aspects of PSHE (personal, social, health and economic) education are now compulsory in all secondary schools

# Parental Withdrawal

- Following discussion with the school, parents can withdraw their child from the 'sex' element of RSE. This should be put in writing to the Headteacher and it's good practice to meet with the school.
- Parents **do not** have a right to withdraw their child from **Health Education, Relationships** or any other aspect of PSHE Education.
- There is no right of withdrawal from National Curriculum Science which includes elements of sex education such as puberty and reproduction.
- Three terms before they turn 16, a student can opt back into sex education lessons. The school has a duty to provide sex education during one of the remaining three terms



# Unifrog Drive

- Encouraging all students to be able to login to Unifrog from home and complete some small, manageable yet important tasks.

# E<sup>3</sup> Programme

Vision

Effort

Systems

Practice

Attitude



v.hall@srms.kent.sch.uk

# Student Planner

As always, every student has been given a Student Planner and the email address for each Head of Department and Head of School can be found on the inside of the front cover.

The Planner contains the Home-School Agreement that parents/carers are required to read and sign, details of our expectations around behaviour and uniform, and the School's Policy on mobile devices.

New this year is a section at the front on useful contacts for those requiring support with their mental health.

# Raising Achievement

## Most Importantly Students need to be at school

- I would like to raise the profile of attendance
- If student's attendance begins to drop, they are missing out on valuable learning time and on classroom interventions and highly complex learning strategies
- The link between attendance and achievement is backed by significant research by the Department of Education - students with over 95% attendance are more likely to achieve grades 9-5 at GCSE (A\* - C)
- The social implications of being absent from school include students missing time with their peers, becoming isolated and anxious about returning to school.

# The Successful Year 10 GCSE Student

- Passionate
  - Your subject choices
- Organised
  - Prepared
  - Meets deadlines
  - Work space
- Committed
  - Attendance
  - Work/life balance
  - Involved in the life of the school
- Manages Time
- Communicates
  - Subject Teachers
  - Tutors, Head of School and Deputy Head of School.
  - HOME!!
- Study Skills
  - Learns from PSHCE Lessons;
  - Develops independent learning and study skills

## Study Resources

- GCSEPod: <https://www.gcsepod.com/students/>
- BBC Bitesize KS4:  
<https://www.bbc.co.uk/bitesize/levels/z98jmp3>
- Oak National Academy:  
<https://classroom.thenational.academy/subjects-by-key-stage/key-stage-4>
- School website – under curriculum section, subjects have detailed additional areas of study/enrichment that can be explored [www.manwoods.co.uk](http://www.manwoods.co.uk)

# Careers Programme for Y10

First Careers Appointment with an independent advisor - Mr John Handley

Start to think about post GCSE choices and future careers

Further appointments available if required



# Y10 Trips & Enrichment

Abundance of subject workshops

Homework club every Mon-Thur

Drama Production - Lion, Witch and the Wardrobe

Eco Society

Music Groups & Concerts

Sports Clubs





# Duke of Edinburgh's Award at SRMS



THE DUKE  
OF EDINBURGH'S  
AWARD

# Bronze Completion



- Of the 90 who completed the assessed expedition, 26 have been/in the process of being fully signed off
- For badges and certificates to be awarded at Speech Day, all sections must be signed off by **Friday 29<sup>th</sup> November 2024**
- 2 groups owe projects (group 6 & 10)
- Assessor reports must be submitted in the correct format

# SILVER

Volunteering **6** months

Physical

one section for  
6 months, the

Skills

other for 3 months

*Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.*

Expedition **3** days **2** nights



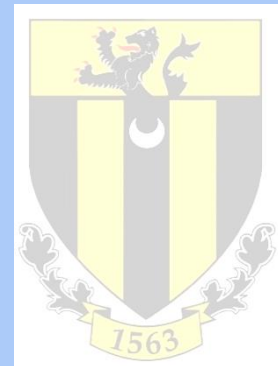
**Ideally, you need to complete Bronze first however, you can start Silver whilst you are completing your Bronze award.**

# Volunteering Section



Volunteering is simple. It's about choosing to give time to something useful, without getting paid.

- Helping out at an after school club at SRMS
- Helping out at a scout/guiding group
- Volunteering at a local charity shop
- Volunteering at a local library
- Volunteering in the eco-society in school
- Volunteering in the charity club in school
- Volunteering at a church
- Litter picking outside of school



# Physical Section



Get Active! Anything that requires a sustained level of physical energy and involves doing an activity.

- Attending an after school sports club in school
- Attending an after school sports club outside of school
- Doing parkrun every week
- Cycling once a week
- Walking once a week
- Dance once a week
- Going to the gym once a week



# Skills Section



To develop practical and social skills and personal interests by developing a new skill or improving an existing one.

- Learning to play a musical instrument (lessons in school or outside of school)
- Cooking at home whilst creating a cookbook of recipes made
- Photography, creating a PowerPoint of images at the end
- Art, creating a art book of work throughout
- Care of animals - horses/farm animals etc.
- Performing arts - acting, drama and theatre skills



# Expedition Section



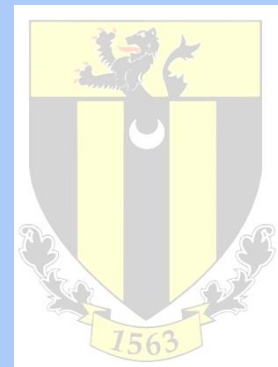
Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including.... Camp craft Map Skills, First Aid,	Minimum 1 days and 1 night	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)
Silver	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)
Gold	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

**Training Weekend:** Saturday 1<sup>st</sup> and Sunday 2<sup>nd</sup> February 2025

**Practice Expedition:** Friday 16<sup>th</sup> (evening only), Saturday 17<sup>th</sup> and Sunday 18<sup>th</sup> May 2025

**Assessed Expedition:** Friday 4<sup>th</sup>, Saturday 5<sup>th</sup> and Sunday 6<sup>th</sup> July 2025

**ALL DATES TBC**





# Changes to Kent DofE & Cost

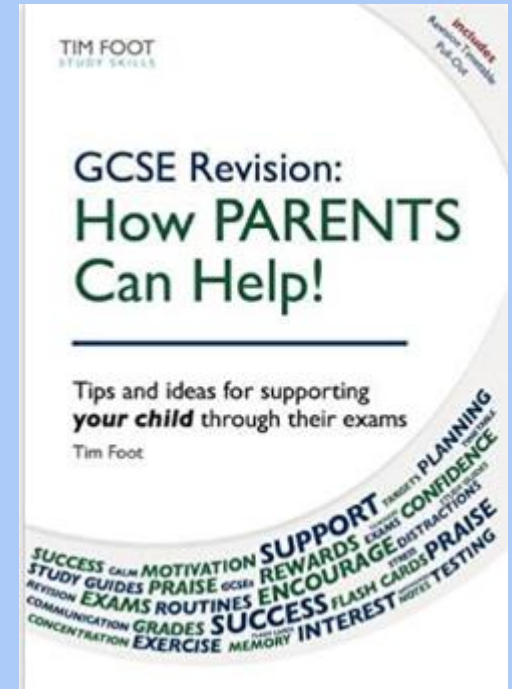
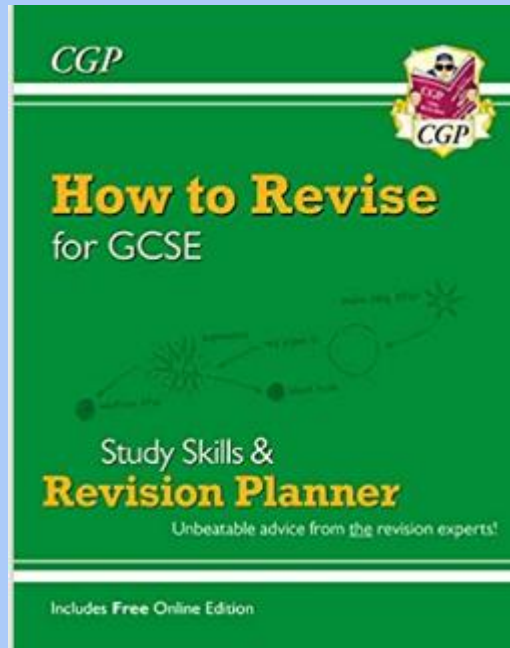
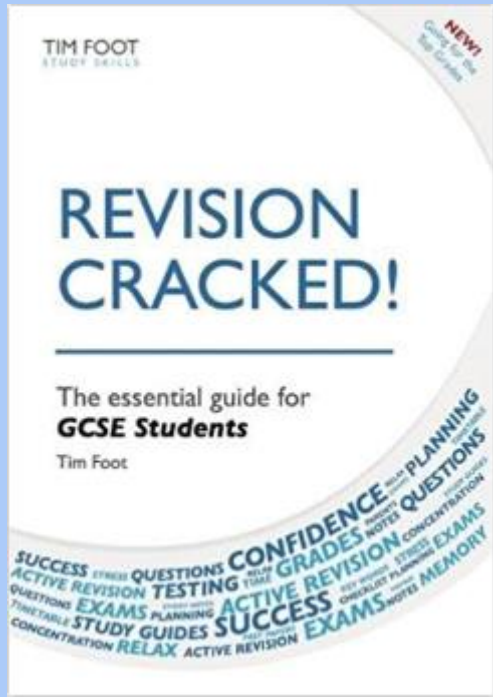


- Kent DofE moving from KCC to TEP
- 2023/2024 – £383
- 2024/2025 – likely to be around this price
- Funding available for students in receipt of pupil premium

# What now?

- Letter to be sent home to parents ASAP
- Section planner to be given to students for completion prior to starting the award
- Any questions can be emailed to [dofe@srms.kent.sch.uk](mailto:dofe@srms.kent.sch.uk)





# Tips to help students succeed at GCSE

## THE 10 MOST COMMON MISTAKES STUDENTS MAKE

by @inner\_drive | www.innerdrive.co.uk



- 01 SKIPPING BREAKFAST** This has a detrimental impact on attention and learning.
- 02 ONLY READING YOUR REVISION NOTES** Re-reading encourages you to skim read the text rather than properly processing it.
- 03 REVISING TO MUSIC** Listening to your favourite songs can distract you from revising. Study is usually best carried out in a quiet space.
- 04 MOBILE PHONES AND HOMEWORK** The mere presence of a phone has been found to cause a 20% decline in performance.
- 05 TAKING NOTES VERBATIM IN CLASS** Taking down word for word what your teachers says stops you from engaging with the material.
- 06 CRAMMING YOUR REVISION** Revising a little but often is much more effective than trying to learn a lot of information all at once.
- 07 NOT GETTING ENOUGH SLEEP** Set up a consistent bedtime routine that ensures you get the needed 8-10 hours sleep a night.
- 08 LEAVING THE HARD TASK TO THE END** Start hard tasks early as they always take longer than you think.
- 09 NOT GETTING ENOUGH FRESH AIR** Getting sufficient fresh air and exercise can have a positive impact on your wellbeing.
- 10 TAKING PHOTOS OF LECTURE SLIDES** Interacting with the material and making notes in your own words at the time of learning is a much more effective strategy.

# Revision Guidance

## Start early

Getting an early start on your revision is always a good thing. The more time you allow yourself to revise, the more room you will have to cover each subject without needing to cram. You will have more time to practise what you need to learn and consolidate it into your memory.

## Make a revision timetable

Creating a revision timetable should be your first step. This will allow you to spread out your study time evenly and avoid cramming during the days leading up to your assessments. You can also allocate more time to any subjects you are struggling with.

# Revision Guidance continued...

## Set mini goals

Have a few mini goals you would like to achieve by the end of each day. You can add these in when making your revision timetable. This will give you an idea of how much revision you need to do and what is coming up. You will avoid feeling overwhelmed and can break your study down into smaller chunks.

## Mix it up

Work out which learning styles work for you. This could be visual, auditory, kinaesthetic or through reading and writing. Once you have a few different revision techniques, mix up which ones you want to use so that revision does not become repetitive or dull.

## Revise with others

You may benefit from teaching others what you know or testing them on what they know. Not only is this a great way to help your friends but you will see where there is still holes in your own learning. Having a small study group can also be a great way to come up with unique methods for remembering key ideas.

## Practice papers

Use practice papers to familiarise yourself with the format of your assessment and how questions may be structured. Time yourself to avoid getting flustered when sitting the actual assessment, and you will be able to gauge how much time to roughly spend on each question.

# Links to exam boards:-

- AQA: <http://www.aqa.org.uk/>
- OCR: <http://www.ocr.org.uk/>
- Edexcel:  
<https://qualifications.pearson.com/en/qualifications/edexcel-gcses.html>

## GCSE Grading

New Grading Structure

Old Grading Structure

<b>9</b>	<b>A*</b>
<b>8</b>	
<b>7</b>	<b>A</b>
<b>6</b>	
<b>5</b>	<b>B</b>
<b>4</b>	<b>C</b>
<b>3</b>	<b>D</b>
<b>2</b>	<b>E</b>
<b>1</b>	<b>F</b>
	<b>G</b>
<b>U</b>	<b>U</b>



# Calendar for Year 10: 2024/25

2024

12<sup>th</sup> September:

Welcome to Year 10

November

Assessment 1 issued to parents

2025

January:

Assessment 2 issued to parents

25<sup>th</sup> March:

Year 10 Parents' Evening

April:

Assessment 3 issued to parents

June:

Internal Examination Season starts

July:

Assessment 4 issued to parents

2026

January

Mock GCSE Examinations

# Year 10 Homework

In Years 10 and 11 pupils are working towards public examinations and will have developed a good level of independent learning skills, support will be available if not. For each of the subjects studied they can expect between 1 and 1 ½ hours of homework per week. **Where there are no specific tasks set, pupils are expected to be working independently to enhance and enrich the depth and breadth of their learning.**



## Problems:

- Ask for help;
- Subject specific help – e.g. Science Workshop;
- Homework club – after school until 16.15
- Specific assistance with organisation and structuring – Form Tutors, Head of Upper School and Deputy Head of Upper School;
- Specific intensive mentoring – Head of Upper School.

Sir Roger Manwood's School  
Guide to Key Stage 4 Study Skills.



## Key Stage 4 Study Skills Guide...

Study Skills will be introduced to students during:

- Registration periods;
- PSHCE Lessons

Tutor time will also cover aspects of:

- PSHCE;
- Citizenship;
- Safeguarding;
- Post-assessment mentoring and target setting

# Safeguarding

Principle of Safeguarding:

- *Keeping Children Safe in Education 2024*
  - School Safeguarding policy;
  - *Please see website for further details*
- First Safeguarding Theme: Drug and Substance Misuse
  - DSL: Mrs Hurst

## Keeping in Touch

- Website: [www.manwoods.co.uk](http://www.manwoods.co.uk)
- Email: [info@srms.kent.sch.uk](mailto:info@srms.kent.sch.uk)
- Email Upper School Pastoral Team:  
[UpperSchoolAdmin@srms.kent.sch.uk](mailto:UpperSchoolAdmin@srms.kent.sch.uk)