

KS3 LONG-TERM OVERVIEW – THEMATIC MODEL

	Term 1 Health and Wellbeing	Term 2 RSE	Term 3 Living in the wider world	Term 4 Health and Wellbeing	Term 5 RSE	Term 6 Living in the wider world
Year 7	Transition and Safety Transition to secondary school and personal safety in and outside of school.	Relationships and Me Self-worth, romance and friendships (including online) and relationship boundaries. Puberty and unwanted contact.	Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations	Health Healthy routines, influences on health and FGM.	Diversity Diversity, prejudice and bullying	How to take care of monthly money Saving, borrowing, budgeting and making financial choices
Year 8	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use, stoptober. VESPA: Vision and Exploration	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', relationship values and an introduction to contraception. VESPA Focus: Attitude	Digital Literacy Online safety and reputation, digital literacy, media reliability and gambling hooks. VESPA Focus: Effort – Self-Assessment	Emotional wellbeing Positivity including body image and coping strategies, Domestic Conflict and Self-Management	Discrimination Discrimination in all its forms, including racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia. VESPA Focus: Systems	How to make informed financial decisions NI and Tax, Public Services, Credit and Debit, The Hidden Economy and Careers. VESPA: Practice Revision Techniques
Year 9	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation (county lines and knife crime).	Intimate relationships Relationships and sex education including capacity to consent, contraception, the risks of STIs and unplanned pregnancy.	Setting goals Equality of opportunity in careers and life choices (Discrimination and the Law) and different types and patterns of work (PAYE/Self-employment). VESPA: Vision - Options	Healthy lifestyle KS3 First Aid Course.	Respectful relationships Families, healthy relationships, relationship expectations, conflict resolution, protected characteristics and diversity. VESPA Focus: Effort	How to manage Employability and online presence, communication. VESPA: Practice Revision Techniques