



Duke of Edinburgh's Award at SRMS



BRONZE

Volunteering **3** months

Physical **3** months

Skills **3** months

Expedition **2** days **1** night



PLUS a further 3 months in the Volunteering, Physical or Skills section.

Volunteering Section



Volunteering is simple. It's about choosing to give time to something useful, without getting paid.

- Helping out at an after school club at SRMS
- Helping out at a scout/guiding group
- Volunteering at a local charity shop
- Volunteering at a local library
- Volunteering in the eco-society in school
- Volunteering in the charity club in school
- Volunteering at a church
- Litter picking outside of school



Physical Section



Get Active! Anything that requires a sustained level of physical energy and involves doing an activity.

- Attending an after school sports club in school
- Attending an after school sports club outside of school
- Doing parkrun every week
- Cycling once a week
- Walking once a week
- Dance once a week
- Going to the gym once a week



Skills Section



To develop practical and social skills and personal interests by developing a new skill or improving an existing one.

- Learning to play a musical instrument (lessons in school or outside of school)
- Cooking at home whilst creating a cookbook of recipes made
- Photography, creating a PowerPoint of images at the end
- Art, creating a art book of work throughout
- Care of animals - horses/farm animals etc.
- Performing arts - acting, drama and theatre skills



Expedition Section



Level	Training	Duration		Minimum hours of planned activity each day
		Practice	Qualifying	
Bronze	Including.... Camp craft Map Skills, First Aid,	Minimum 1 days and 1 night	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)
Silver	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	3 days and 2 night	At least 7 hours during the daytime (at least 3.5 of which must be spent journeying)
Gold	Including.... Camp craft Map Skills, First Aid,	Minimum 2 days and 2 night	4 days and 3 night	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

Training Weekend: Saturday 14th and Sunday 15th January 2023

Day Walk and Route Planning: Saturday 4th February 2023

Practice Expedition: Saturday 22nd and Sunday 23rd April 2023

Assessed Expedition: Saturday 17th and Sunday 18th June 2023



Time frame



- You must be taking part in your activity for **one hour a week** for the duration of the timescale chosen
- 3 months = a minimum of 12 hours spent on your activity
- You cannot do a 6 hour activity twice as you need to show you are working towards the activity over the chosen timescale



Choosing an assessor

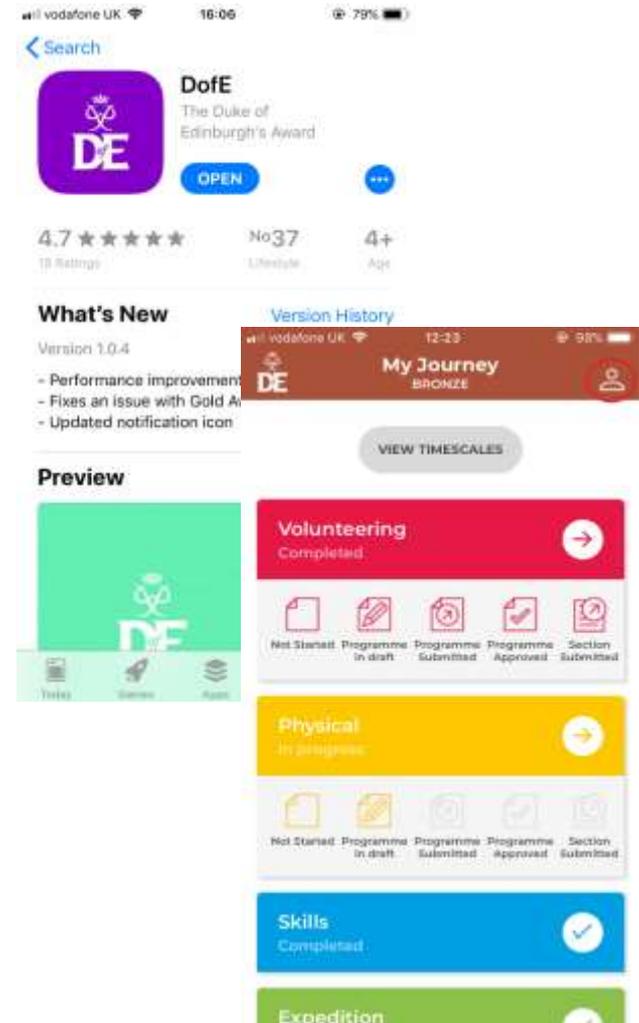


- **An assessor cannot be a direct family member** e.g. parent/carer, Aunty, Uncle, grandparent etc.
- Ideally is the person overseeing you do your activity e.g. coach
- Could be a close family friend
- Could be your form tutor
- Ideally someone who has expertise in that field



eDofE

- Once registered, you will be given a login to eDofE, this platform will enable you to keep a log of all your sections.
- This is where you will be able to submit evidence
- This is where you will submit assessor reports
- You must not start any sections until your section has been approved



What now?

- Letter to be sent home to parents before October Half Term
- Section planner to be completed over half term
- Any questions can be emailed to dofe@srms.kent.sch.uk

